

## Standing Calf Machine - Plate Load - Round Calf Block

Excellent machine for the beginner to the most serious lifters.

Incredibly smooth action is achieved through the use of seven (7) oversize pillow block bearing at every pivot point. Over 26" of plate loaded ability with built in negative leverage allows the lifter to overload the muscles of the lower leg. Completely adjustable to accommodate most size lifters.

Model pictured has the "Round Calf Block" feature. This unit is also offered with the traditional "Flat Calf Block".

MODEL: PF284R  
FOOTPRINT: W 32", L47"  
SHIPPING WEIGHT: 290 lbs.

(weight plates pictured on the machine are not included)

Price: \$790.00

