



## Military Press Bench w/ Plate Storage

All PRO FITNESS pressing benches are designed and built to withstand and absorb the pounding of any world class strength training facility.

Features on our Wide Grip Shoulder Press Bench Press or Military Press Bench as it's commonly known include racking uprights lined with permanently attached "UHMW" wear guards which eliminate noise and any damage to your bar and the Bench Press. Additional features include Naugahyde Brand vinyl, a wide back pad, and 2" dual density high tech padding with built in memory.

The spring-loaded adjustable seat place lifters in the correct position to perform behind the head shoulder presses. Our oversized spotter's platform safely allows the spotter to assist the lifter. This model is equipped with plate storage bars for added convenience.

MODEL: PF180  
FOOTPRINT: W 51", L 50"  
SHIPPING WEIGHT: 225 lbs.

Price: \$490.00